PENILE IMPLANT
Postoperative recommendations

Name of the inserted penile implant: _____

Location of the pump, if applicable: _____

For more information, refer to "Booklet C – Penile and Testicular Implants Insertion." If you have any questions or complications, contact us by email at asclepiade@cmcmontreal.com or by phone at 514 333-1572, #200.

NAUSEA, VOMITING, AND FATIGUE
- You can resume your regular diet. Ensure a good fibre intake to reduce the risk of constipation.
- Rest will be necessary for the first 5 days following your surgery.
- Use antiemetics (Gravol©) as needed for nausea.
- Ensure proper hydration by drinking 2 to 3 litres of water per day.

PAIN MANAGEMENT
- Do not wait for your pain to exceed 4/10 before taking your prescribed narcotic analgesics.
- You can take your narcotic analgesics, following the prescription, in combination with acetaminophen (Tylenol©).
- Apply ice to the sore area for 10 minutes every hour. The ice should not be applied directly to the skin.
- Wait 5 days before taking any anti-inflammatory that our team has not prescribed (Advil©, Naproxen©, etc.).

DRESSINGS AND DRAINS
- If you have drains, refer to the document provided at the time of your discharge.
- Remove the dressing 48 hours after surgery or upon drain removal as per the received prescription.
- Wait 24 hours after removing the dressing or drains before showering. You can take a shower even if you still have a compress bolus at the tip of the phallus.
- Have the compress bolus at the tip of the phallus removed at the CLSC or clinic, according to the timeframe indicated in your prescription.

IMPORTANT REMINDERS
- You must wait **8 weeks** before inflating and deflating the implant. It is important to respect this timeline prescribed by your surgeon even if you experience no pain and minimal inflammation.
- Wait 8 weeks before resuming intense physical activity and sexual activities.
- Monitor signs and symptoms of infection daily (redness, warmth, swelling, pain, purulent discharge with a strong odour) and contact us promptly if you have any concerns.